

## **Vitality Fitness Studio - Guelph**

### Description:

Vitality Fitness Studio in Guelph, Ontario has personal trainers who provide fitness, health, diet and exercise programs in an exclusive, private gym setting. Our Guelph personal trainers will help you with fitness, weight loss, nutrition, bodybuilding and fat loss. Get Fit & Healthy at Guelph's Most Exclusive Personal Training Studio What to Expect at Vitality Fitness Studio:- Extremely effective workouts every time- Exercise in complete privacy - Personal attention and guidance through each workout- Clean, modern and well maintained equipment- Nationally acclaimed, Best Trainer in Canada with the awards to prove it.- Private change rooms and showers with full amenities like cologne, perfume, hair products, hair dryers etc.- New, effective and exciting workouts every time- Your music- No membership fees- Towel service, complimentary tea, juice, coffee, water.- Feel like part of a team, appreciated and supported, designed to get you results.

Address Line 1: 52 Grey Oak Drive, Suite 100

Country: Ontario

City: Guelph

Postal Code: N1L 1P3

Website: <http://www.vitalityfitness.ca>